



## THE BREATH TEST

Excessive talking and too much coffee can lead to bad breath, according to a recent British study. Take this little test, supplied by the Australian Bad Breath Clinic, to see if you suffer from bad breath.

**DO YOU:**

- Suffer from a dry mouth
- Breathe through your mouth
- Snore
- Binge eat or diet
- Suffer from asthma
- Get post nasal drip
- Have a discoloured tongue
- Have a sour, bitter or metallic taste in your mouth?

If you answer 'yes' to five or more of these questions, you may be suffering from bad breath. For more information on how to treat it, visit The Australian Bad Breath Clinic on [www.badbreath.com.au](http://www.badbreath.com.au) or call 1300 653 335.